

Preserving A Legacy

25 Questions to ask/answer for a Legacy

This question is a freebie: *Always start by asking your loved one to introduce and say a few words about themselves.* It might seem silly, but it really opens a path into dialogue and not to mention allows the younger generations to hear them explain who they are! Remember that this is for more than immediate family... it's for anyone that would like to hear the wisdom and stories of someone who came before them.

Remember ask them to rephrase the question (not mandatory but beneficial)

1. What was life like for you growing up?
2. What were your dreams or hopes as a child?
3. What is the most beautiful place you've ever been to?
4. What feels like the biggest accomplishment to you?
5. What stage of life brought you the most happiness?
6. What's one of the best decisions you ever made, and why?
7. What are your top three family memories?
8. When did you know you liked (insert partner's name)?.
9. What are your thoughts on making relationships work?
10. What was the hardest thing about being a parent?
11. What was one of your proudest moments as a parent?
12. What do you want to be known for?
13. When in your life have you felt most alive? Most yourself?
14. Was there a moment that changed your life significantly? (How did you adapt to that change?)
15. What were some of the most difficult times of your life?

16. How did you handle stress as an adult?
17. What advice have you received that has made the greatest impact on your life, and who gave you the advice?
18. Is there anything you regret not doing or learning?
19. What are you most thankful for?
20. What has been the best and worst parts about getting older?
21. Is there anything about our family that you'd like us to know?
22. What makes our family unique?
23. What lessons do you hope I pass along to your grandchildren and great grandchildren that I learned from you?
24. What's one thing you want us to always remember about you?
25. What do you think is the meaning of life?

Finish by asking if there was anything you might have missed or if they have something they want to finish the interview with.

Final Note:

Make sure you think hard about what you can ask that reflects your own (or your family members') personality, beliefs and character. These questions merely serve as a guide of important things you might want to remember about your loved one. We hope to see you use the skills you learned in this short training to solidify your families legacy in your own special way. And if you ever need anything, you know where to find us!

Oscar & Kekoa

Legacy Family Documentaries

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